

F IS FOR

f

frenchie

FACEBOOK GROUP GUIDELINES

*"It's not always pretty, but
it's always beautiful."*

- TARA MARINO -

LE PHILOSOPHIE

THIS IS YOUR LIFE

This is YOUR life; you get to create it any way you want.

You must fully awaken to what you want and what your soul wants for you and then engage fully in that opportunity and allow yourself to experience it.

THE ELEGANT FEMME PHILOSOPHY...

- 1 Nothing is ever wasted
- 2 Now Learning vs. Life-long Learning
- 3 Receive everything / Find the Gift
- 4 Be easy on yourself and authentic with your growth opportunities
- 5 It's between you and God/Spirit/
Source
- 6 It's not always pretty, but it's always
Beautiful

4 WEEKS TO ACTIVATE YOUR AUTHENTIC SELF FACEBOOK GROUP

BIENVENUE

This Facebook group is only available to F is for Frenchie students, in good standing. Meaning, members current on their payments and who honor our guidelines, terms, and conditions (stated below).

We do not control Facebook, their terms, or other changes. Similarly, if the group guidelines are not honored and upheld, the Facebook group may also be eliminated at our discretion.

Remember, this community is about

learning how to create your Beautiful, Soul-Led life and incorporate your FemmeTypes.

This is NOT about selling your products or services, trying to get clients, or promoting other programs (no matter how amazing they might be).

This is a COMMUNITY program and not overly managed by Elegant Femme, therefore it is your responsibility to bring positive energy to this group.

PLEASE NOTE:

This is not a place to get technical support for your program, tell us you can not get on a call etc. If you see a fellow member asking for tech support or any program relate support, please direct them to contact info@elegantfemme.com as we can help them faster and more efficiently one-on-one.

GUIDELINES

BE AWAKE + ENGAGED - RESPECTFULLY

As Soul's having a human experience, we are offered material (i.e. upsets) that can trigger old wounds, beliefs, fears and a chance to let go of non-serving behaviors and energies rather than repeat old patterns. Participating inside of Elegant Femme and at higher levels of consciousness can naturally bring this opportunity forward as the intention is to deeply assist in any healing each woman is ready for and support her in seeing WHO she truly is beyond the illusion of fear.

It is also important to note that you signed up for a high-level coaching program to assist you to recognize who you are BEYOND any illusion. In that

space, in order for us to assist you, it is necessary that we have an agreeable and respectful communication. That includes communication with team members and all aspects of Elegant Femme. Negativity, name calling and any condescending attitude/energy is not tolerated and will not support the intended journey for all involved.

We have a zero-tolerance policy for negativity, bullying, racism, drama, gossip, toxic energy or discrimination of any kind. Encourage and support your fellow F is for Frenchie students. Treat everyone with respect and love. Violation of this rule is grounds for immediate and permanent removal

BE SUPPORTIVE

The women in the Elegant Femme community are here to support each other and cheer each other on as you grow and evolve. Celebrate each other's wins. Please note you are not here to coach each other or offer other programs.

GUIDELINES

NO BAD-MOUTHING OR TRIANGLE RELATIONSHIPS

This is a no bad-mouthing zone: no negative talk about Tara, her team, Elegant Femme, or anyone else, F is for Frenchie student or not.

This also applies to any issues you may have with the F is for Frenchie program, how it is run, or any student within the program.

We will not tolerate any drama or posts that question the integrity, choices or decisions of Elegant Femme. For example, do not create drama by posting "I can't believe we have not received our travel guide yet, or all the bonuses should have

been for everyone, I deserve them, or I can't believe the dates were changed, or..."

If you have an issue or grievance – either with the program, or each other, bring it directly to the party you have an issue with, and/or write directly to info@elegantfemme.com.

Triangle relationships will not support the growth available here or anywhere.

If we see negative talk of any kind, you will be removed from the group, no questions asked.

FAQ

“

BUT WHAT IF...
NO ONE
RESPONDS TO MY
POSTS?

”

The FB group is here to support YOU and encourages you to be visible. If no one responds, don't take it personally. It is so easy for us to feel our value, importance, and self-worth by likes or comments in today's world. This is an opportunity to RELEASE that attachment. You are more than your likes. ;)

Sometimes the groups may be quiet as women are integrating etc. However, keep sharing, keep connecting, and keep reaching out.

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WHAT IF...
TARA ISN'T
RESPONDING TO
ME?

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Tara will be in the group from time to time, however, she does not actively manage the group as she needs to spend her time creating what you require inside of Elegant Femme.

If you have a question for Tara or her team, we recommend you emailing info@elegantfemme.com or tagging our Community Support Manager in your comment.

FAQ

“

WHERE DID MY POST GO?

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If your post isn't appropriate (it violates our guidelines) or has started to cause any negative energy, it might have been removed by an admin.

See “What Happens if I Don't Follow The Guidelines” in the next section.

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WHAT HAPPENS IF I DON'T FOLLOW THE GUIDELINES?

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You are a woman committed to growth and a higher level of conversation, so we truly hope that this never happens. However, inside the human experience, we all have the opportunity to choose, so if this happens...

We might delete your post without notice. If something is deleted, it's probably not an accident – either too many people reported it or our team found it unsuitable and removed it. (The reason we say without notice is that our goal is to put our time and energy into creating more amazing things for you. We hope you'll understand and learn from the experience.)

We might reach out to you to say that you're in violation of our terms (we'll give you the benefit of the doubt but we take this program and its members very seriously).

Our lawyer might reach out to you.

We might remove you from Elegant Femme and the community.

If you have ANY questions about our guidelines, or if there's a question we haven't answered, please write to us at info@elegantfemme.com.

We look forward to assisting you at the highest levels and supporting you in recognizing your ability to live your Beautiful, Soul-Led Life.